



Shrewsbury Sailing and Yacht Club 2008 Junior Sailing Program Application

Spring 2008

Welcome!

For more than 50 years, Shrewsbury Sailing & Yacht Club's Junior Sailing Program has been teaching young people the joy of sailing in an atmosphere that promotes seamanship, sportsmanship and fun. Whether you are new to sailing or an experienced skipper, there is no better place to spend the summer than at SSYC!

This year we've made some changes to our schedule to allow more flexibility for parents and to increase our time on the water. We have added classes on Friday in response to requests for more lesson time, a new Mini-Camp and some revised scheduling changes detailed behind the application on the Session and Fee Schedule. Some highlights include:

INTRODUCTION TO SAILING Mini-Camp

June 23 to June 27, 2008 8:30 to NOON OR 1:00 to 4:30

Our extremely popular 5-day camp introduces novices to sailing in a fun and non-threatening manner. It is open to beginners, ages 8 and up, with no more than 2 years of lessons. It concludes with a barbecue on **Friday, JUNE 27 at 6:00pm** where sailors can show off their new skills! Sailors may choose to take this camp alone **or** continue through one of our summer sessions.

INTERMEDIATE AND ADVANCED/TACTICS Mini-Camp

June 23 to June 27, 2008 8:30 to NOON OR 1:00 to 4:30

This is a **new mini-camp** for intermediate and advanced sailors to get sailors ready for regattas and the racing season.

SUMMER SESSION

June 30 to August 15, 2008 HALF OR FULL DAYS DEPENDING ON CLASS

Beginner lessons on to intermediate, advanced, tactics and racing – SSYC has a program for your sailor. Take a look at the enclosed schedule to find the session that fits your skill level.

MANDATORY ORIENTATION

This year, there is a mandatory orientation meeting on **EITHER** June 10th at 7:00pm or June 14th at 10:00am at the club, Oneida and Seawaneka Avenue, Oceanport. One parent or guardian must attend one session with the sailor. This is a great opportunity to ask questions, learn what you need to do as a parent/guardian, learn what we expect of your sailor and see what the summer holds for everyone!

Again, please review the schedule carefully before signing up for a class. Any questions, please feel free to email me at kezweig@comcast.net or give me a call at 732-542-3624.

See you on the river!

Regards,

Kelly Zweig
2008 Jr. Program Chair



Shrewsbury Sailing and Yacht Club 2008 Junior Sailing Program Application

GENERAL INFORMATION

Parent's / Guardian's Name(s)			Home Phone Number
Home Address			Primary Email Address
City	State	Zip	Secondary Email Address

Are You or the Family a Member of SSYC? Yes No

ADDITIONAL CONTACT INFORMATION

Parent's/ Guardian's Name	Home Phone	Work Phone	Cell Phone

Parent's/ Guardian's Name	Home Email Address	Work Email Address

SAILOR INFORMATION

Sailor's Name	Sailor's Date of Birth	Previously Sailed at SSYC? Yes <input type="checkbox"/> No <input type="checkbox"/>
Current Skill Level of Sailor? Beginner <input type="checkbox"/> Interm. <input type="checkbox"/> Advanced <input type="checkbox"/>	Years of Lessons?	Type of Boat Sailor Owns?

CHOOSE THE LESSON(S) FOR YOUR SAILOR

- Use the Course Offering, Time and Fee Schedule included in this package to determine the correct session and associated fees.
- Check off the session(s) for your sailor, add the fees together and place them at the bottom of the application.

Mini-Camp – An Introduction to Sailing

Mini-Camp Session	Choose Your Session	Charter a Boat
Introduction to Sailing (Beginners Only)	Morning <input type="checkbox"/> or Afternoon <input type="checkbox"/>	Not Applicable
Intermediate/Advanced	Morning <input type="checkbox"/> or Afternoon <input type="checkbox"/>	Boat Charter? Yes <input type="checkbox"/> No <input type="checkbox"/>

Application Continues on Next Page

Sailor's Name

Summer Sessions

Beginner

Sessions	Check One		Must Enroll in A or B
Beginner A	<input type="checkbox"/>	Beginner C (see schedule)	<input type="checkbox"/>
Beginner B	<input type="checkbox"/>	(This supplements A or B)	

Intermediate

Sessions	Check One		Must Enroll in A or B
Intermediate A	<input type="checkbox"/>	Intermediate C (see schedule)	<input type="checkbox"/>
Intermediate B	<input type="checkbox"/>	(This supplements A or B)	

Advanced & Tactics – Check Only One (please check the schedule to be sure)

Advanced Sessions			Tactics Sessions	
Advanced Optimist	<input type="checkbox"/>		Tactics Optimist	<input type="checkbox"/>
Advanced Optimist Half-Day	<input type="checkbox"/>		Tactics 420 / Laser	<input type="checkbox"/>
Advanced 420 / Laser	<input type="checkbox"/>			

Race Team - Check Only One (please check the schedule to be sure)

Session	Check One		Session	Check One
Optimist Race Travel Team	<input type="checkbox"/>		420 Race Travel Team	<input type="checkbox"/>

BOAT CHARTER INFORMATION FOR YOUR SAILOR

Will any of your children be using a club boat for the summer session? The fee is \$230 for the first sailor - \$118.50 for each additional sailor.	Yes <input type="checkbox"/> No <input type="checkbox"/>
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TUITION & CHARTER FEES FOR YOUR SAILOR

Class fee for your sailor (please see the fee schedule)	\$
Charter fee for your sailor (\$230 for the first boat, \$118.50 for each additional boat chartered)	\$
Late fee after June 1, 2008 is \$50	\$
Total	\$

IMPORTANT NOTES

- **Class sizes are limited so please register early to secure a spot.**
- **SSYC Members who register after May 1st are not guaranteed placement in the program.**
- The level of lesson requested is subject to the final approval of the Head Instructor.
- Written confirmation, waivers and medical forms must be filled out and returned before the first day of lessons.
- **Passing a swim check is required of all sailors.**
- **No classes July 4th or the week of the Junior Sweepstakes Regatta - scheduled for August 11th - 14th.**
- SSYC reserves the right to change the types of boat used for instruction without notice.

REGISTRATION

Mail the application, waivers, med forms and your payment for the full amount to:

SSYC Junior Program
Ms. Kelly Zweig
19 Branford Circle
Tinton Falls, NJ 07724

Questions about the programs or forms? Please call at (732) 542-3624 or E-mail kezweig@comcast.net

Shrewsbury Sailing & Yacht Club

2008 Junior Sailing Program - Course Descriptions

COURSES, TIMES AND DESCRIPTIONS

Beginner

Course	Times	Description
Beginners	Monday/Wednesday 8:30 – 12:00	This class includes basic water safety, boat setup/rigging, boat handling and sailing skills. Children sail both Optimists dinghies (Opti's) and National 10's (N-10's)
Beginners	Tuesday/Thursday 1:00 – 4:30	
Beginner's Extra Session	Friday 8:30 – 12:00 (Only available if you are in one of the other Beginner classes)	New Class – This extra session provides extra time and instruction on the water. Your sailor must be in one of the Beginner courses to participate.

Intermediate

Course	Times	Description
Intermediates	Monday/Wednesday 1:00 – 4:30	In this class, sailors progress beyond the basics, polish their basic sailing skills and begin to learn the fundamentals of sailboat racing. Children primarily sail Optimists dinghies (Optis), with a few moving in to Club 420's (C-420's).
Intermediates	Tuesday/Thursday 8:30 – 12:00	
Intermediate's Extra Session	Friday 1:00 – 4:30 (Only available if you are in one of the other Intermediate classes)	New Class – This extra session provides extra time and on the water instruction. Your sailor must be in one of the Intermediate courses to participate.

Advanced

Course	Times	Description
Advanced Optimist (Full Day)	Tuesday/Thursday/Friday 8:30 – 4:30	Good sailing and basic racing skills acquired, sailors learn more advanced skills, participate and regattas and even travel to local sailing events.
Advanced Optimist (1/2 Day)	Tuesday/Thursday/Friday 8:30 – 12:00	New Class - Sailors continue to acquire advanced sailing/racing skills in a fun, casual environment.
Advanced 420 / Laser	Monday/Wednesday/Friday 8:30 – 4:30	Good sailing and basic racing skills acquired, sailors learn more advanced skills, participate and regattas and even travel to local sailing events.

Tactics

Course	Times	Description
Tactics Optimist (Full Day)	Tuesday/Thursday/Friday 8:30 – 4:30	Advanced racing tactics, boat tuning, fleet racing with travel encouraged to local and regional regattas.
Tactics 420 / Laser	Monday/Wednesday/Friday 8:30 – 4:30	

Race Teams

Course	Times	Description
Travel Race Team – Optimist	Schedule to be Determined by Coach	Travel in and out of state to regattas plus additional on/off water coaching. Tryouts will be held and the coach will determine the composition of each team.
Travel Race Team – 420	Schedule to be Determined by Coach	

SSYC Junior Program 2008 Course Offering, Time & Fee Schedule

Mini-Camp			1 Week (June 23-27)	
Course	Time of Day	Weekly Frequency	8:30-12:00 Noon	1:00 PM - 4:30 PM
Intro to Sailing Mini-Camp (Beginners only)	Morning <u>or</u> Afternoon	(Monday through Friday)	\$180.00	\$180.00
Intermediate Mini-Camp (Intermediate / Advanced only)	Morning <u>or</u> Afternoon	(Monday through Friday)	\$180.00	\$180.00
*** Charter Boat Fee ***			No Charge	

Summer Sessions			6 Weeks (June 30 - August 15)	
Course	Time of Day	Weekly Frequency	8:30-12:00 Noon	1:00 PM - 4:30 PM
Beginner A	Morning	(Monday & Wednesday)	\$260 / \$510 non-member	
Beginner B	Afternoon	(Tuesday & Thursday)		\$260 / \$510 non-member
Beginner C	Morning	(Friday - A or B required)	\$50	
Intermediate A	Afternoon	(Monday & Wednesday)		\$260 / \$510 non-member
Intermediate B	Morning	(Tuesday & Thursday)	\$260 / \$510 non-member	
Intermediate C	Afternoon	(Friday - A or B required)		\$50
Advanced - Opti	Full Day	(Tuesday, Thursday & Friday)	\$375 / \$610 non-member	
Advanced - Opti (Half Day)	Morning	(Tuesday, Thursday & Friday)	\$310 / \$560 non-member	
Advanced - 420 / Laser	Full Day	(Monday, Wednesday, Friday)	\$375 / \$610 non-member	
Tactics - Opti	Full Day	(Tuesday, Thursday & Friday)	\$375 / \$610 non-member	
Tactics - 420 / Laser	Full Day	(Monday, Wednesday, Friday)	\$375 / \$610 non-member	
Travel Team - Opti	To Be Determined by Coach		\$625 / \$725 non-member	
Travel Team - 420	To Be Determined by Coach		\$525 / \$625 non-member (each sailor)	
*** Charter Boat Fee ***			\$230 1st sailor, plus \$118.50 per additional sailor	

Shrewsbury Sailing & Yacht Club

2008 Junior Sailing Program

PERMISSION AND CONTRACT

This form must accompany the application.

Print Participant Name (the "Sailor")

I, as the Parent or Guardian of the Sailor, give permission for him/her to participate in the Shrewsbury Sailing and Yacht Club Junior Sailing Program. I understand that he/she is to bring and wear the proper safety equipment at all times. I also agree to make restitution to the Club for any damages the Sailor is responsible for due to neglect, abuse or misuse. I have discussed and explained this form to my child. I understand that my child and I are expected to follow the rules of the program. I understand that decisions on whether "On Water" classes leave the docks are solely at the discretion of the Instructors.

Parent / Guardian Name	Signature	Date

I, the Sailor, agree to obey all of the rules for the Junior Sailing Program and the directions of the Instructors, Parent of the Day, Officers and Board Members, on the docks and on the water, on land, in the Yacht Club buildings and while at "off river" events where an SSYC instructor is present or I am representing SSYC.

I understand that courtesy, respect for others, their property and good behavior is required at all times.

I will always try to act in a sportsmanlike manner.

I will be considerate in both success and failure.

I will represent myself and SSYC to the best of my abilities.

I understand the basic rules and agree to follow them. I understand that if I fail to follow the rules, I will face the consequences of my actions, may be disciplined and ultimately may be asked to leave the program if I fail to keep this contract.

Participant Name (the "Sailor")	Signature	Date

LIABILITY WAIVER & RELEASE

I, as the Parent or Guardian of the Sailor, understand that sailing involves the risk of personal injury and property damage. In consideration of him/her being allowed to participate in the Shrewsbury Sailing and Yacht Club Junior Program, I agree to waive and release the Shrewsbury Sailing and Yacht Club, including its members, instructors, volunteers, officers, directors and employees, from any and all liability and claims arising out of his/her attendance and participation in the Junior Program. I further agree to defend, indemnify and hold harmless the Shrewsbury Sailing and Yacht Club, including its members, instructors, volunteers, officers, directors and employees from any and all claims, demands, expenses and liability, whether for personal injury, death, property damage or otherwise, which is caused by the Sailor or which in any way relates to or arises out of his/her participation in a Junior Program function or activity.

Parent / Guardian Name	Signature	Date

Shrewsbury Sailing & Yacht Club

2008 Junior Sailing Program

MEDICAL CONSENT & EMERGENCY INFORMATION

This form must accompany the application.

Each participant must complete and sign a copy of this form. Please fill it out completely. Incomplete forms will not be accepted.

Print Participant Name (the "Sailor")

IN CASE OF EMERGENCY CALL

Parent's/ Guardian's Name	Home Phone	Work Phone	Cell Phone

In the event of accident or injury to any child of mine (specifically including my child if named above as the "Participant") or in the event of illness of myself, my spouse or any child of mine while in, on or about the premises of the Shrewsbury Sailing and Yacht Club or while participating in any activity sponsored by or under the auspices of the Shrewsbury Sailing and Yacht Club under circumstances where I am physically unable to consent or am not present:

1. I hereby voluntarily consent to the furnishing to my said children of such medical care, attention and treatment by any hospital, physician or physicians as such hospital, physician or physicians may deem necessary or advisable.
2. I authorize the any officer, staff member or member of the Shrewsbury Sailing and Yacht Club to consent to such medical care, attention or treatment.
3. I agree to pay all costs of such medical care, attention or treatment and to hold free and harmless of and from any and all liability for such cost the Shrewsbury Sailing and Yacht Club, including the staff, volunteers, officers and members.

I, the undersigned, do hereby authorize and consent to any x-ray examination, anesthetic, medical or surgical diagnosis or procedure rendered under the general or specific supervision of any member of the medical staff or of a dentist duly licensed or of any hospital holding a current operating certificate issued by the appropriate State's Department of Health. It is understood that this authorization is given in advance of any specific diagnosis, treatment or hospital care being required but is given to provide authority and power to render care which the aforementioned physician in the exercise of his best judgment may deem advisable. It is understood that effort shall be made to contact the undersigned prior to rendering treatment to the patient, but that any of the above treatment will not be withheld if the undersigned cannot be reached.

Parent / Guardian Name	Signature	Date

Shrewsbury Sailing & Yacht Club

2008 Junior Sailing Program

MEDICAL INFORMATION

This form must accompany the application.

Please Note: SSYC will do its best to ensure confidentiality, however it cannot guarantee confidentiality of medical information divulged by the participant nor can SSYC be held responsible for problems and subsequent complications that arise if information is withheld due to privacy concerns.

Print Participant Name (the "Sailor")

Physician's Name	Physician's Phone

Health Insurer	Policy Number

Medical Information

Please check all that apply and provide additional information below:

Chronic Ailments/Limitations		Allergies	
Asthma or Respiratory Issues	<input type="checkbox"/>	Latex	<input type="checkbox"/>
Diabetes or Hypoglycemia	<input type="checkbox"/>	Food	<input type="checkbox"/>
Hemophilia or other Blood Problems	<input type="checkbox"/>	Bee, Wasp Other Stings	<input type="checkbox"/>
Circulatory or Heart Problems	<input type="checkbox"/>	Do You Carry an Epi-Pen?	Y/ N
Epilepsy or Seizures	<input type="checkbox"/>	Other	<input type="checkbox"/>
Glasses or Contacts	<input type="checkbox"/>	Other	
Hearing or Vision Issues	<input type="checkbox"/>	Other	
Other	<input type="checkbox"/>	Medications (Please List)	<input type="checkbox"/>

Medication Information

Daily Medications and Dosage if Any	
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Additional Information

Parent / Guardian Name	Signature	Date