

# **SSYC Junior Program Schedule and Prices**

Program runs July 1 - August 16

NO CLASSES: July 4-5 and August 4-8

Mini Camp Introduction to Sailing	The SSYC Mini Camp is a 5 day introductory course that takes place the first week of the sailing summer and is designed to give your child a taste of what it is like to be out on the water. Sailors will experience a variety of boats with three to four other children and one instructor, play games, go on " treasure hunts," and enjoy lots of fun with new friends! The program is a fun introduction to sailing with the goal of having students become comfortable in small boats. Specific skills include basic concepts of sail trim, steering and overall safety.	
Ages 8-16		
June 24-28		
8:30 am - 12:30 pm or	5 days (M-F): \$625	
1:00 pm - 4:30 pm	*Members receive a 40% discount with code "MEMBERMINICAMP"	
<b>Navigators</b> Beginner Opti Ages 8-12 8:30 am - 12:00 pm	This is our beginner sailing class and is taught in Optimists. Navigators is de- signed to give sailors a strong fundamental base of sailing skills such as rigging, tacking, gybing, sail trim, hiking, and successfully maneuvering at all points of sail. The overall goal is to make the sailor comfortable on the water in varying conditions, while eventually becoming proficient sailing alone in the Opti. It's customary to take several seasons to move through all the skills and graduate to our intermediate class.	
	3 days (M/W/F): \$950 5 days (M-F): \$1,300	Charter Fee: \$350
	*Members receive a 25% discount with code "SSYCMEMBER"	If it's your sailor's first year in our program, use code "NEWSAILOR" for \$100 off your charter fee
Sea Dogs Intermediate Opti	Sea Dogs focuses on more performance boat-handling skills and also introduces sailors to racing. Specific skills include the basics of upwind sailing, performance boat-handling, and the introduction of some basic racing techniques.	
Ages 9-12		Charter Food \$450
1:00 pm - 4:30 pm	3 days (M/W/F): \$950 5 days (M-F): \$1,300	Charter Fee: \$450
	*Members receive a 25% discount with code "SSYCMEMBER"	
<b>Opti A</b> Advanced Opti	Opti A is the next step for Optimist sailors after completing Sea Dogs. In Opti A, sailors will fine tune their boat-handling and start working on racing technique. Sailors will be invited to Opti A when they reach the appropriate skill level.	
Ages 10-14	4 days (M/T/Th/F): \$1,500	Charter Fee: \$500
8:30 am - 4:30 pm	*Members receive a 25% discount with code "SSYCMEMBER"	

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# Teen Green<br/>Beginner 420This class is for sailors who have outgrown the Opti, or for teens who are learning<br/>how to sail. This class is primarily in Club 420s, but Flying Scots may also be used<br/>based on the skill level of the participants and the weather on any given day. This<br/>class focuses on boat-handling, including tacking, acceleration, and general sail<br/>trim on all points of sail. Sailors will be introduced to basic concepts for racing, but<br/>the primary focus will be to establish the fundamentals of boat-handling, seaman-<br/>ship, and general proficiency on the water while developing interpersonal skills<br/>and having fun.

The boats used in this course are sailed by multiple people. Sailors will certainly have the opportunity to sail with friends, but should be prepared to switch crew. Coaches will decide crew pairings daily based on conditions, goals, and skills being practiced.

#### 2 days (T/Th): \$650

\*Members receive 25% discount with code "SSYCMEMBER"

### **420 Blue**

Advanced 420

Ages 13-16

1:00 pm - 4:30 pm

420 Blue is a great option for kids who are beginning their journey in racing, or for older kids who want to keep developing their racing skills. Sailors are taught the fundamentals of sailboat racing,boat speed, boat handling, strategy and tactics, and team racing. 420 Blue sailors who are interested will have the opportunity to attend regattas. parents are asked to aid in transportation, including trailering boats to and from the regattas. (For regattas, parents are asked to aid in transportation, including trailering boats to and from the regattas.)

Please note that coaches will determine skipper crew combos to maximize performance and learning. Your sailor can expect to sail many different positions on the boat and will have turns teaming up with everyone in the class.

#### 3 days (M/W/F): \$950 5 days (M-F): \$1,300

Charter Fee: \$300/sailor

\*Members receive 25% discount with code "SSYCMEMBER"

## **Puddleduck Popup**

Intro to Sailing Ages 5-7

# August 7, 8, 9 3 day

9:00 am - 12:00 pm or 1:00 pm - 4:00 pm This is an intro class for our littlest sailors. There is a big focus on safety and building comfort on the water. Puddleduck students should have experience in a classroom setting, be able to work in a group and follow instructions, and feel very comfortable in the water and being in a lifejacket in the water.

#### 3 days (W-F): \$250

\*Members receive 25% discount with code "SSYCMEMBER"